

## Relationships and Sex Education (RSE) Policy



## Document History

Version	Comments/Amendments	Name	Date
1	First Issue	Chris Kelly	18/04/2025

## Contents

### 1. Statement of Intent

Oaktree Education Services provides trauma-informed education to learners aged 16 to 25 with an Education, Health and Care Plan (EHCP). We are committed to delivering a high-quality RSE curriculum that is inclusive, evidence-based and adapted to meet the complex needs of our learners. This policy sets out how RSE is delivered in a way that promotes the safety, wellbeing and personal development of all students, empowering them to build healthy relationships and make informed choices.

### 2. Legal Framework

This policy adheres to the following guidance and legislation:

- The Children and Social Work Act 2017
- The Equality Act 2010
- DfE Guidance: Relationships Education, Relationships and Sex Education and Health Education (2019)
- Keeping Children Safe in Education (2023)
- SEND Code of Practice (2015)

It is read in conjunction with our Safeguarding Policy, Behaviour Policy, Online Safety Policy and SEND Policy.

### 3. Aims of RSE

Our RSE curriculum aims to:

- Promote respectful, healthy relationships

- Provide medically and legally accurate information on sexual health, consent and contraception
- Equip students with skills to recognise and manage risk
- Foster a strong sense of self-worth and identity
- Address topics sensitively, considering past trauma, neurodiversity and social-emotional needs

### 4. Curriculum Delivery

RSE is embedded within the PSHE curriculum and delivered by trained staff in a structured, accessible and age-appropriate way. Sessions are adapted to individual needs, using a variety of methods including discussion, visual supports and sensory strategies. Some elements may be delivered in single-gender groups where appropriate.

The curriculum includes:

- Understanding different types of relationships
- Consent and boundaries
- Respectful friendships and managing conflict
- Online safety and healthy digital behaviour
- Sexual health, contraception and accessing services
- Understanding and preventing abuse, exploitation and coercion
- Gender identity and LGBTQ+ inclusion

RSE is taught with a strong emphasis on safeguarding, personal safety and positive mental health.

### 5. Working with Parents and Carers

We value open dialogue with families. Parents and carers are informed of RSE content in advance and are invited to contribute to the development of the curriculum. They may request to withdraw their young person from non-statutory elements of sex education, which will be discussed sensitively with the principal. We provide alternative learning activities for withdrawn learners.

### 6. Equality and Accessibility

We are committed to ensuring RSE is inclusive and accessible. Lessons reflect the diversity of our learners and promote equality, tackling discrimination and harmful stereotypes. Content is differentiated to meet a range of learning needs and communication styles.

### 7. Safeguarding and Confidentiality

Disclosures made during RSE sessions are treated in line with our Safeguarding Policy. While classroom confidentiality is encouraged, staff will never promise secrecy. Learners are supported to speak out and report abuse, knowing they will be believed and protected.

### 8. Staff Training and Monitoring

Staff delivering RSE receive regular training to ensure confident and sensitive delivery. The quality of RSE is reviewed annually by the leadership team, taking into account student voice, safeguarding trends and legislative updates.

### 9. Review and Approval

This policy is reviewed annually by the principal and safeguarding lead. It is approved by the board of directors and shared with all staff, learners and families.

**Next review: September 2025**

**Principal: [Insert Name]**

**Date approved: [Insert Date]**

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